

Dress Code & Recommended Packing List

MUST HAVE: U.S. Government issued Driver's license/photo ID



UNIFORM: The ALA Girls Nation uniform is the red polo with black knee-length skirts/pants (or Bermuda shorts on off campus days). This uniform is worn every time we are off campus and much of the time during the week. TWO polo shirts will be provided to you at orientation. Counselors will work with you twice during the week to launder your uniform shirts ONLY. We use detergent that is dye-free & scent-free.

COMFORTABLE SHOES: Opt for low heeled or flat shoes as opposed to high heels; one pair must be closed toe. We will be on our feet a lot and walking long distances at times. Tennis shoes are acceptable, except for Capitol Hill & White House visits (pending). Our off-campus trips include lots of walking and standing. Your most stylish black heels are not practical for these events. NO flip-flops or flimsy sandals. Pack one pair of flat, black, comfortable dress shoes in which you can walk all day.

CLOTHING:

On and off campus you will have a choice of type of black bottoms to wear with your red uniform shirt:

- > Bring a combination of at least FOUR BLACK pants/knee-length skirts/Bermuda shorts (You will wear these for seven days).
- > Business Attire is allowed for ALA Girls Nation senate sessions, especially if you plan to run for an office. Business attire does not mean business casual; it is proper business attire Business dresses/ blouses/ skirts/ dress pants. A suit jacket is appropriate.
- > Appropriate jeans & comfortable clothing may be worn on travel days & while in sleeping rooms.
- Night clothes/pajamas.
- One dressier outfit for the Closing Banquet—dress/skirt or pants/blouse (no long formal gowns)

PERSONAL ITEMS:

Face masks

Cell phone & charger (Download GroupMe)

Deodorant

Prescribed medication (in original bottles)

Face soap Shaving cream/razor
Toothbrush and toothpaste Lotion and sunscreen
Feminine hygiene products Refillable water bottle

Sunglasses Eyeglasses/contact lens/contact solution
Umbrella/poncho Writing utensils for senate sessions

Band aids (for blisters) Credit/debit/gift card for Girls Nation store & travel days

2-3 plastic hangers (optional)

DO NOT BRING:

Large amounts of cash Campaign materials

Valuable jewelry Large quantities of snack food LAPTOPS or TABLETS/IPADS are not allowed in Senate sessions.

Neither the ALA nor the William Bolger Center is responsible for loss or damage to items brought to ALA Girls Nation.